

# Water Can Undermine Your Health

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undermine definition to injure or destroy by insidious activity or imperceptible stages sometimes tending toward a sudden dramatic effect see examples of undermine used in a sentence

the meaning of undermine is to subvert or weaken insidiously or secretly how to use undermine in a sentence synonym discussion of undermine

definition of undermine verb in oxford advanced learner s dictionary meaning pronunciation picture example sentences grammar usage notes synonyms and more

1 to weaken by wearing away a base or foundation water has undermined the stone foundations 2 to weaken injure or impair often by degrees or imperceptibly sap late hours can undermine one s

if you undermine something such as a feeling or a system you make it less strong or less secure than it was before often by a gradual process or by repeated efforts

undermine definition 1 to make someone less confident less powerful or less likely to succeed or to make something learn more

un der mine ,ʌnd'maɪn v object mined min ing to weaken or destroy by degrees her health was undermined by the stress of her job to attack by indirect secret or hidden means looking for

learn what undermining means with clear definitions pronunciation synonyms and real world examples simple explanations to help you use undermining correctly

undermine is a verb which usually means to weaken or damage someone or something gradually or insidiously often in secret or without it being noticed this could refer to a person s confidence

to undermine means to damage or weaken someone s confidence trust or authority it can also refer to the act of digging or making a hole underneath something causing it to become less stable

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