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the association of surgical technologists ast was established in 1969 with the mission of ensuring quality patient care today ast is proud to acknowledge more than 60 000 members and

jan 13 2026 aspartate transaminase ast also known as aspartate aminotransferase is a crucial enzyme in the body involved in the metabolism of amino acids it plays a significant role in the

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aspartate transferase ast is an enzyme that s found in your liver heart muscles and other bodily tissues an ast blood test is often used to assess liver health

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ast aspartate aminotransferase is an enzyme a protein that speeds up certain chemical reactions in your body it is found mainly in your liver but also in your heart muscles and other tissues

feb 6 2026 ast aspartate aminotransferase is an enzyme found in your liver muscles heart and other tissues a blood test measures how much ast has entered your bloodstream higher levels

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